



125 YEARS
City Tattersalls Club



Dear Members,

I hope this email finds you and your loved ones safe and well. Though we are in difficult times with COVID-19, it is uplifting to see the sense of community shining through with our Club Members and in the wider society.

This week learn how to make Gozleme, as Alexander helps his Dad, me, make his favourite treat. Karlo gets creative with his workout, which you can do at home with a chair, and Valeria makes you rock and roll with her dance workout.

After all that exercise and food, wind down with the Happy Hour drink, which this week is Whiskey Sour. I never knew it had medicinal purposes, the navy swears by it.

Though you can't come to the Clubhouse to see some of the Staff, we have brought the Staff to you. View the video as some of our Staff share their messages with you.

Though ANZAC Day will be different this year, we can still commemorate the service and sacrifices the men and women of our armed forces have given to keep our nation safe. See how we can support our ANZACs on Saturday.

Finally, in this bumper issue learn how a horse race in April 25th 1895, 20 years before Gallipoli, may not have "Stopped a Nation", but it certainly sowed the seeds of creating our beloved Club.

Please enjoy this issue of the City Tatts Update, to paraphrase a famous quote "this, too shall pass". We at the Club look forward to when this pandemic passes and we can celebrate with you at the Clubhouse.

Stay Safe

Kevin Chiew
Head of Communication and Marketing



Learn To Make Turkish Gozleme

Alexander and Kevin will show you how to make a Turkish Gozleme. After Kevin's favourite Turkish takeaway shop closed down because of Covid-19, Alexander helps his Dad make his favourite treat.

Join these adventurous cooks as they navigate step by step the art of making one of the national dishes of Turkey from scratch.



If you missed out on last week's video on how to make ANZAC biscuits you can still see the video with the link below and have them ready for an ANZAC Day treat.

[Making Turkish Gozleme Video](#)

[Making ANZAC Biscuits Video](#)



Fitness Box Workout With Karlo

Try Karlo's workout at home, simply grab a chair if you don't have a box, see keep up with Karlo as he gets your blood pumping!



Chair/Box Workout With Karlo



HIIT With Valeria

Our City Tatts instructors are keen to have some fun. Valeria will get you in the groove with her Dance Workout, so get fit while you Rock and Roll with Valeria.



Valeria's Dance Workout



Happy Hour Drinks

Happy hour drink this week is the Whiskey Sour.

The year: 1792. You: a sailor crossing the Atlantic for North America. Food is dried. Water is no good. And scurvy is a constant worry. Enter, the Whiskey Sour!

Legend has it that Vice Admiral Edward Vernon of England began mixing a few ingredients together to serve to his crew, to help combat sea-sickness, malnutrition, and scurvy. The Navy started to serve the seamen lemon or lime juice, but to get the men to drink it the British used Gin and Brandy, Americans favored Whiskey, and thus the Whiskey Sour was born.

So keep scurvy at bay while you are in isolation and make yourself a Whiskey Sour.

HAPPY HOUR
COCKTAIL

 CITY TATTERSALLS CLUB



**WHISKEY
SOR**

INGREDIENTS
60ml Scotch of your choice
35ml Fresh lemon juice
15ml Sugar syrup
2 dashes Angostura bitters
10ml fresh egg white
1 Lemon peel
Ice

FOR THE GARNISHING
Wedge of lemon and maraschino cherry on a skewer.

METHOD
Shake all of the ingredients hard with ice and strain into an ice-filled rocks glass.

Squeeze the lemon peel, shiny side down over the drink so the scented oils spray across the surface. Discard the zest.

Garnish and serve with the lemon and maraschino cherry skewer across the glass

Please drink responsibly

Whiskey Sour Happy Hour!



We Miss Our Members

City Tatts Misses You



Though we miss seeing our Members and guests at the Club, the thought of us being together again is never far from our minds. Some of our Staff want to share their thoughts with you.

City Tatts Staff Messages To Members & Guests



Thank You To All Who Have Served



ANZAC Day 2020 will sadly be a little different this year. But don't let COVID-19 prevent you from showing your #ANZACSpirit.

In conjunction with RSL NSW we are asking you to help us ensure Australian servicemen and women are remembered.

1. Light up the dawn: This Saturday at 6am, go to the end of your driveway or stand on your balcony and listen to the live commemorative services, to remember those who sacrificed their lives.
2. Tune in: The ABC will be broadcasting from a service in Canberra at 5.30am, then again at 10am from a service in Sydney.
3. Share a message of support of support on social media.

While we'll miss seeing your faces in the Club this year, we hope we can still all band together in support for ANZAC Day on Saturday 25th April.

Commemorate ANZAC DAY 2020



City Tattersalls Club, 125 Years In The Making

April 25th 1915 has long been remembered as ANZAC Day, however the day has another significance for the City Tattersalls Club. On this day in 1895, in the last race of the day held at Kensington Racecourse, now the site of the University of NSW, Merry Girl was declared the winner. However sometime later, this horse was declared disqualified due to incorrect weight, her jockey had carried his whip onto the scales. The second place horse Pearl Powder was subsequently declared the winner.

The well to do bookmakers who mostly belonged to the Tattersalls Club and who occupied the prestigious Paddock area of the racecourse refused to pay out on the new winner as they had already paid out on Merry Girl.

The following Thursday, the race officials invited the Paddock bookmakers to once again payout on Pearl Powder which they again refused to do. The Paddock bookmakers were then escorted off the racecourse and the "Middle Class" St Leger Reserve bookmakers were invited from the outer rail racecourse to the Paddock area.

So the seeds of City Tatts were sown.

Subsequently the St Leger Bookmaker took over the Paddock areas of all the major racecourses in NSW and on September 2nd 1895 formed their own Club to be called "City Tattersalls Club".



This is a picture of Kensington Racecourse in 1896, a year after the famous Merry Girl/Pearl Powder race, it is not hard to imagine that some of these gentlemen are part of the original Members of City Tattersalls Club.

Keep healthy, stay safe and support each other.

Your friends at City Tatts



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194-200 Pitt Street Sydney, New South Wales, 2000, AU to
luci321@hotmail.com

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